

# **Killearn Tennis Club Parent Pack**



# KILLEARN TENNIS CLUB

## PARENT PACK

This is your Killearn Tennis Coaching Parent Pack. Please look at it carefully. It contains:

- 1. The Club's Child Protection Policy**  
*This is for your information and includes relevant contacts.*
- 2. The Killearn Tennis Club Codes of Conduct.**  
*For you to read. It is important so we all enjoy the season ahead. We would ask that you go over it with your child as you feel appropriate.*
- 3. General Arrangements for the Season.**  
*Hopefully this will clarify any questions you may have.*
- 4. Contact List**  
*Please contact the Head Coach for information on any age group.*

# KILLEARN TENNIS CLUB

## CHILD PROTECTION POLICY STATEMENT

**KILLEARN TENNIS CLUB** has a duty of care to safeguard all children involved in the Club from harm. All children have a right to protection, and the needs of disabled children and others who may be particularly vulnerable must be taken into account. We will ensure the safety and protection of all children involved in the Club through adherence to the child Protection guidelines adopted by the Club.

The aim of **KILLEARN TENNIS CLUB** Child Protection Policy is to promote good practice:

- Providing children and young people with appropriate safety and protection while at the Club.
- Allow all volunteers to make informed and confident responses to specific child protection issues.

**KILLEARN TENNIS CLUB**, when making provision for children and young people will ensure:

- The welfare of the child is paramount
- All children, whatever their age, culture, disability, gender, language, racial origins, religious beliefs and/or sexual identity have the right to protection from physical, sexual or emotional abuse.
- All suspicions and allegations of abuse and poor practice will be taken seriously and responded to swiftly and appropriately.
- All staff (paid or unpaid) working in sport have a responsibility to report concerns to the appropriate officer.

In developing and implementing Child Protection measures, the Club strives to work in partnership with children and parents, and to consult and communicate with children.

THE CLUB'S CHILD PROTECTION OFFICER IS: **Mr George Douglas** Tel. **07867 806532**

Any matter or questions relating to Child Protection and the Club's activities, should be referred in confidence to Elspeth and Child Protection Officer.

TENNIS SCOTLAND LEAD CHILD PROTECTION OFFICER: **MATTHEW HALBERT**  
Tel. **0131 444 1984** email [matthewhulbert@tennisscotland.org.uk](mailto:matthewhulbert@tennisscotland.org.uk)

# KILLEARN TENNIS CLUB

## CODES OF CONDUCT

### Code for Players

- Play for enjoyment not just to win.
- Never argue with the umpire.
- Control your temper.
- Work equally hard for yourself and the other players – your team's performance will benefit and so will your own.
- Be a good sport. Applaud all good play, including your opponent's.
- Respect your opponent. Treat all players like you yourself would like to be treated.
- Win with humility, lose with dignity.

### Codes for Parents/Guardians

- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with coaches/officials.
- Help your child to recognise good performance, not just results.
- Set a good example by recognising fair play and applauding the good performance of all.
- Support your child's involvement and help them to enjoy their sport.
- Never ridicule or criticise a child for making a mistake or losing a competition.
- Be patient – steady progression is unusual in children, ups and downs are common.
- Ensure your child is adequately dressed for weather conditions of the time and has a drink or snack if required.

### Code for Coaches

(extract only – full version in Clubmark folder available for reference in Clubhouse)

- Be professional and maintain the highest standards of behaviour at all times.
- Recognise the trust in adults by children, and recognise the power held over children by adults. Treat this trust and this power with the highest responsibility.
- Maintain a professional relationship with children, any form of sexual relationship or activity with a child is unacceptable and could lead to disciplinary or legal action.
- Use appropriate and respectful forms of communication and discipline. Physical aggression, intimidation, verbal abuse, and persistent shouting are not acceptable. Any form of assault should be treated as a serious incident.
- Do not appear to favour one child over another.
- Design and use training programmes that are appropriate to the individual child.
- Do not discriminate against a child because of age, gender, disability, language, racial origin, religious belief or sexual identity.

# KILLEARN TENNIS CLUB

## GENERAL ARRANGEMENTS FOR THE SEASON

- **AGES**

Covers all children from age groups:          4 – 8 years  
   9 – 12 years  
   13 – 17 years

We are very happy for younger boys and girls (Tennis Tots) to try the sport and we will make special efforts to accommodate them.

- **COACHES**

Assuming adequate numbers are enrolled, each age group is coached separately. The Head Coach is **Hannah Pickford, Grade 3, LTA Performance Coach**. When numbers require it, extra coaching assistants are available.

- **COACHING**

Coaching has a strong element of FUN and involves a mixture of traditional coaching sessions and coached games. We will always try to be outdoors if we can. Dates to note are the Coaching Blocks

starting:     April to June,  
                 August to October  
                 October to December  
                 January to March

Easter Tennis Camp

Summer Camps

Any fees for coaching or events must be paid in advance prior to the first day of coaching.

- **EVENTS/COMPETITIONS**

Central District Competitions, mini-red, orange, green and under 12's are held at a number of clubs in the district, including Killearn, throughout April to August. Details will be on the Club's website and posted on Clubhouse noticeboard.

Also, please check your Calendar of Events for dates of Open Days, Family Fun Days and other events through the season.

- **WHAT TO WEAR**

The most important thing is for children to be suitably dressed, including waterproofs if the weather requires it. As the weather gets colder, add more layers. A tracksuit/training top, T-shirts/shorts and trainers are appropriate. Useful additions are:-

Summer: Sun hat, suntan lotion, drinking water

Winter: Hat, gloves, warm waterproof clothing, drinking water.

- **POINT OF CONTACT – getting in touch by SMS text**

To allow us to contact everyone quickly in the event of late changes to plan, we ask all parents to supply at least one mobile phone number. We can then text you with the relevant information. Please remember to advise us if you change your number, so you stay in the loop. This is particularly important as poorer weather comes in. If you can also give us an email address that you use regularly, that would help.

- **OTHER CONTACTS**

The Head Coach will maintain a list of contact details for each child. We will also provide you with her contact email address and mobile number:

Sean Tulloch

[shaun@10outoftennis.com](mailto:shaun@10outoftennis.com)

Mobile No: 07850221397

The Club has its own website at:

[www.killeartennisclub.org.uk](http://www.killeartennisclub.org.uk)

You can also find us on Facebook at:

[www.facebook.com/killeartennis](https://www.facebook.com/killeartennis)

If you have any questions, or need any other information, please contact: Shaun Tulloch  
07850 221397  
[info@10outoftennis.com](mailto:info@10outoftennis.com)